

134980

PAIN MANAGEMENT SERIES / 3

# CHRONIC PAIN MANAGEMENT

GUIDELINES FOR  
MULTIDISCIPLINARY  
PROGRAM DEVELOPMENT

EDITED BY

MICHAEL E. SCHATMAN  
ALEXANDRA CAMPBELL

FOREWORD BY  
JOHN D. LOESER

**informa**  
healthcare

*Foreword* John D. Loeser . . . . *iii*  
*Preface* . . . . *v*  
*Contributors* . . . . *xi*

## Section 1: Historical/Empirical Support

- 1. Brief History of Multidisciplinary Management of Chronic Pain, 1900–2000** 1  
*Marcia L. Meldrum*
- 2. Efficacy and Cost-Effectiveness Treatment for Chronic Pain: An Analysis and Evidence-Based Synthesis** 15  
*Dennis C. Turk and Kimberly Swanson*
- 3. “Carving-Out” Services from Multidisciplinary Chronic Pain Management Programs: Negative Impact on Therapeutic Efficacy** 39  
*Robert J. Gatchel, Nancy D. Kishino, and Carl Noe*

## Section 2: Multidisciplinary Treatment as an Alternative to Less Effective Approaches

- 4. Problems with Chronic Opioid Therapy and the Need for a Multidisciplinary Approach** 49  
*Jane C. Ballantyne*
- 5. Chronic Pain Management as an Alternative to Spine Surgery** 65  
*Andrew R. Block and Richard D. Guyer*
- 6. Integrating Complementary and Alternative Medicine into Multidisciplinary Chronic Pain Treatment** 75  
*Gabriel Tan and Mark P. Jensen*
- 7. The Impact of Interventional Approaches when used Within the Context of Multidisciplinary Chronic Pain Management** 101  
*Michael Hatzakis, Jr. and Michael E. Schatman*

### Section 3: The People Treated (or Not) Through Multidisciplinary Programs

**8. Who Can Help Me? A Chronic Pain Patient's View of Multidisciplinary Treatment** 117

*Debra E. Benner*

**9. Multidisciplinary Treatment of Chronic Pain in Vulnerable Populations** 129

*Raymond C. Tait and Laura Miller*

### Section 4: Program Development: Clinical

**10. Developing an Interdisciplinary Multidisciplinary Chronic Pain Management Program: Nuts and Bolts** 151

*Steven P. Stanos*

**11. Approaches to Psychological Assessment Prior to Multidisciplinary Chronic Pain Management** 173

*Allen H. Lebovits*

### Section 5: Program Development Administrative

**12. Development of Policies and Procedures: Assurance of Consistent Chronic Pain Management Practice** 189

*Paula Spoonhour and Michael E. Schatman*

**13. Evaluating Outcomes in the Interdisciplinary Treatment of Chronic Pain: A Guide for Practicing Clinicians** 203

*Kevin E. Vowles, Richard T. Gross, and Lance M. McCracken*

**14. Chronic Pain Management Program Accreditation: Providing Standards for Excellence** 221

*Alexandra Campbell*

**15. Multidisciplinary Chronic Pain Treatment: Minimizing Financial Risk** 241

*Ronald J. Kulich and Michael Adolph*

**16. Chronic Pain Management in the Era of Managed Care** 263

*Bill H. McCarberg*